

"Dissipating the Doubt of Care"



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Mark 4

The **CRISIS** (vs. 35-38a)

The **CRY** (v. 38b)

The **CALM** (vs. 39-41)

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The **CRISIS** (vs. 35-38a)

The **CRY** (v. 38b)

The **CALM** (vs. 39-41)



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Luke 10:

The **COMPLAINT** (vs. 38-40)

The **COUNSEL** (vs. 41-42)

A composite image of Earth, the Moon, and a bright star in space. The Earth is on the left, the Moon is on the right, and a bright star with a lens flare is in the bottom left. The background is a dark blue space with stars.

"Dissipating the Doubt of Care"

What's at the heart of the
doubt of care?

→ Worry/fear, unbelief

→ Worry/upset, un-attachment



"Dissipating the Doubt of Care"

A *"Discovery Moment"*

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?" (Mt. 6:25)



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A *"Discovery Moment"*

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." (Phil. 4:6-7)



"Dissipating the Doubt of Care"

A "Discovery Moment"

*"Commit your way to the Lord;
trust in Him, and He will do
this: He will make your
righteousness shine like the
dawn, the justice of your cause
like the noonday sun. So be
still before the Lord and wait
patiently for Him. (Ps. 37:5-7)*



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A "Discovery Moment"

*"An anxious heart weighs a man
down." (Pv. 12:25)*

*"A heart at peace gives life to
the body." (Pv. 14:30)*



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A *"Discovery Moment"*

"Not one sparrow ... can fall to the ground without your Father knowing it. And the very hairs of your head are all numbered. So don't worry! You are more valuable to him than many sparrows." (Mt. 10:29-31)